

## What's happening?

This spring, people across Canada will gather pledges and then Hike to raise public awareness for hospice palliative care. This major fundraising initiative will help advance the hospice palliative care initiatives in your local community.

## What is Hospice Palliative Care?

Hospice palliative care provides physical, psychological, social, spiritual, and practical support to people living with life-threatening illness, their loved ones, and the bereaved.

## Why Hike?

- 80% of Canadians say they want quality hospice at the end of life, yet less than 15% have access to it.
- Hospice palliative care is currently underfunded and under-recognized.

## Team Up!

Form a team and Hike with friends, family or coworkers. Simply designate a team captain, choose a team name and have a ton of fun together!



613-535-2215  
4353 County Rd 31 Williamsburg, ON K0C1H0  
[info@dundascountyhospice.ca](mailto:info@dundascountyhospice.ca)  
[www.dundascountyhospice.ca](http://www.dundascountyhospice.ca)

**All participants must sign the liability waiver below. All participants under the age of 18 must have a parent or guardian sign on their behalf.**

I, \_\_\_\_\_,  
hereby agree to indemnify and hold the Dundas County Hospice harmless from any or all liability (personal, physical and/or financial) related to the participation in a Hike for Hospice Palliative Care awareness and fundraising event to be held in Chesterville, in the province of Ontario. This event is scheduled to take place Sunday, May 1<sup>st</sup>, 2022.

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_



# Hike for Hospice

**Sunday, May 1<sup>st</sup> 2022**

**12:30pm Registration**

**1:00pm Start Time**

**Location: Chesterville Park**

**1 William St, Chesterville**

**Join us after for BBQ and cake!**

Participants may also hike virtually though the month of May. Please have all pledges submitted by May 31/22

***Hike and raise funds to help support Hospice services in Dundas County!***



**Tax receipts will be issued for donations of *\$20 and over provided full name and address is complete and legible!!* Please print!!**