

Mental Health Services in SD&G/Cornwall

- Cornwall Hospital Mental Health Mobile Crisis Team -- 866-996-0991 -- Available 24/7 -- <https://www.cornwallhospital.ca/en/mentalcrisisline>
- Eastern Ontario Child and Youth Family Crisis Line -- 877-377-7775 -- Available 24/7 -- <https://www.ysb.ca/services/ysb-mental-health/24-7-crisis-line/>
- SD&G and Akwesasne Victim Services -- 613-938-8900 -- Available 24/7 -- <http://vsv-sdga.ca/>
- Thinking About Suicide – Canadian Mental Health -- 833-456-4566 -- Available 24/7 -- www.crisisservicescanada.ca
- 211 Ontario – Community, Health, Social and Government Services -- <https://211ontario.ca/>