

Thursday, April 17

INTERMEDIATE BELLY DANCING program begins

Instructed by Barb Buchanan

Age: 14 yrs. +

Duration: 12 weeks

Location: Winchester Community Hall

Time: 7:00 pm-8:00 pm

Registration Fee: \$90.00

A graceful, soulful way of expressing traditional forms of movement passed down through the ages. This aerobic exercise promotes general fitness, reduces stress, and tones the body & nervous system. Come join and learn this graceful art. This is a very popular program so be sure to register early!!